

aYs Code of Conduct

This policy describes the standards of conduct, ethics and performance expected of all teachers on the aYs register. Once a teacher is registered as a member, they must act in keeping with the wording and spirit of this code. References in this code to the teaching of Yoga apply equally to the teaching of chanting and/or meditation.

As aYs Teacher members you should comply with all the following principles of good, ethical practice, listed below:

- Always promote the positive aspects of Yoga and embrace the value of ‘no harm’ (*ahimsā*).
- Respect the rights and dignity of every person and treat everyone equally within the context of Yoga, without discrimination.
- Respect every student’s dignity, privacy and individuality.
- Ensure that your own beliefs and values do not prejudice your student’s care and wellbeing.
- Place the wellbeing and safety of the student above the development of their Yoga practice or your own personal interest.
- Develop an appropriate working relationship with students, based on mutual trust and respect.
- Encourage students to accept responsibility for their own behaviour and practice.
- Confirm with students from the outset of your teacher-student relationship exactly what is expected of them and what they are entitled to expect from you as their Yoga teacher.
- Hold up to date and appropriate insurance cover and First Aid training certification appropriate to the teaching of Yoga.
- Maintain and update your knowledge and skills by undertaking annual continuing professional development (CPD) in accordance with aYs requirements for registration as a member.
- Co-operate fully with other specialists or professionals (eg other teachers, doctors, etc) in the best interests of the student.
- Keep all information about students confidential in accordance with the General Data Protection Regulation ([GDPR](#)) and/or other relevant data protection legislation.
- Display consistently high standards of personal behaviour.
- [Safeguard children and vulnerable adults](#), in accordance with legal requirements.
- Comply with the code of conduct of the Complementary and [Natural Healthcare Council](#), the wording of which the aYs adopts as part of this code.

Complaints against aYs teachers will be dealt with by reference to the aYs complaints procedure.